

# *Clubs and Societies (sports, games & activities)*

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## **ADULT TABLE GAMING**

St Benet's Hall, St Nicholas Church, North Walsham. Monday from 6.00 to 10pm.

Contact Isaac Crass.

email: [isaaccrass@gmail.com](mailto:isaaccrass@gmail.com)

## **BADMINTON**

The Warriors Badminton Club was founded in Spring 2016, with the aim of creating a team to compete in the Norwich & District League. We now have five teams in the League and over 20 club players, including qualified coaches. We use feather shuttlecocks. Aylsham High School, Thursdays 7:30-9:30pm. All Welcome.

email: [razerestringz@gmail.com](mailto:razerestringz@gmail.com)

## **BOWLS AND SNOOKER CLUB** *(North Walsham)*

17 New Road, North Walsham NR28 9DF. We have 2 x full size snooker tables and a Pool Table. At present we are in a Billiards League (John Newstead 07876 648272) and Snooker League (Lee Harris 07471 903754). We are in 2 Afternoon Bowls Leagues and 3 Evening Bowls Leagues.

General Secretary: Denise Davies - **07963 280271**

Membership Secretaries/Treasurers Hazel Sadler - **07786 061140** / Jenny Warne - **07904 024435**

## **BOX LIVELY**

Box Lively is a Gym based in North Walsham providing both fitness services and boxing coaching for all ages and abilities. Unit 2B Gaymers Way North Walsham.

email: [oracleconsulting83@gmail.com](mailto:oracleconsulting83@gmail.com)

tel: **07787 736678**

## **BRIDGE CLUB** *(North Walsham)*

Meets at the Community Centre, New Road, North Walsham every Wednesday afternoon from 1.45pm to 5.00pm. We operate a host system, which means that you do not need to bring a partner, one will always be found for you. Contact: Jane Barrett.

tel: **01692 409930**

## **CHESS CLUBS**

**Library Chess Club**. Make new friends over a game or two of chess, we're a friendly & relaxed group of all abilities. 4.15pm - 6.00pm on Fridays at The Library, New Road, North Walsham. Contact Marion Wright.

email: [north.walsham.lib@libraries.norfolk.gov.uk](mailto:north.walsham.lib@libraries.norfolk.gov.uk)

tel: **01692 402482**

**North Walsham Chess Club**. Ages 13 and above. All skill levels welcome. Solve chess puzzles, practise tactics and checkmate new friends (or foes). Meets in the Phoenix Building (the former Barclays Bank), 12 Market Place, North Walsham, every Saturday from 3:30pm to 5:30pm. Contact: Damian Greed.

email: [northwalshamchessclub@gmail.com](mailto:northwalshamchessclub@gmail.com)

**Aylsham Chess Club** meets in the upstairs Committee Room of Aylsham and District Ex-Service and Social Club, 64 Hungate Street, Aylsham NR11 6AA on Monday evenings from 7.15 pm (mainly during the Sep - Jun 'chess season'). Members also participate in on-line tournaments and competitions against other clubs using [www.chess.com](http://www.chess.com) software.

Contact David Owen.

email: [davidowen364@gmail.com](mailto:davidowen364@gmail.com)

## **CRICKET CLUB** *(Bradfield)*

We are a friendly, sociable and inclusive cricket club. New players are always welcome. If you have any queries or would like to join, then please get in touch with us today. The Clubhouse, Southrepps Road, Bradfield NR28 0QW. web: [bradfield.play-cricket.com](http://bradfield.play-cricket.com)

tel: **01263 833660**

## **CYCLING CLUB** *(North Walsham)*

We first started in 2015 as a social cycling group and now welcome members to join us for regular cycling rides all year round.

web: [northwalshamcyclingclub.com/](http://northwalshamcyclingclub.com/)

email: [nwccmembership@gmail.com](mailto:nwccmembership@gmail.com)

## **DARTS LEAGUE** *(North Walsham and District)*

Chairman D Bobby.

tel: **01692 402633**

### **GIRL GUIDING** *(North Walsham)*

Rainbows girls aged 5 to 7 years. Brownies girls aged 7 to 10 years, Guides girls aged 10 to 14  
Rangers girls over 14 years all details can be found online. Contact Charlie Lilley.

web: [www.girlguidingnorfolk.org.uk](http://www.girlguidingnorfolk.org.uk)

tel: **07771 488698**

### **GOOD FIT TRAINING**

Thursday from 1.00pm to 3.00pm. Methodist Hall, Grammar School Road, North Walsham. Contact  
Maxine Corrigan.

email: [corriganmaxine@gmail.com](mailto:corriganmaxine@gmail.com)

### **HOCKEY** *(North Norfolk)*

Hockey for all! Holt Road, Sheringham, Norfolk NR26 8ND

web: [www.northnorfolkhockey.com](http://www.northnorfolkhockey.com)

email: [northnorfolkhockey@gmail.com](mailto:northnorfolkhockey@gmail.com)

### **LEGO CLUB**

Saturday 1.00pm - 3.00pm / Tuesday 4.00pm - 5.30pm (Adult) / First & third Wednesday 11.00am -  
12.30pm (Home Education). North Walsham Library, New Road.

tel: **01692 402482**

### **MADRA FOOTBALL CLUB**

We have teams of all ages ranging from our Mini Mads (3-6 years) all the way to Veterans teams (Over  
35s), including girls and women's teams. We are a progressive, inclusive club with a positive, friendly  
atmosphere and are always looking to welcome new coaches and players of all abilities. For more  
information please check our social media pages.

email: [info@madrafc.co.uk](mailto:info@madrafc.co.uk)

### **MEDAU**

Gentle exercise for everyone £4. Tuesday 10.30am at the Community Centre, New Road, North  
Walsham. Contact Rosemary Barker. web: [www.medau.org.uk](http://www.medau.org.uk)

tel: **07880 967042**

### **MINI MOVERS**

Stay and chat. Friday 11.00 – 11.45. North Walsham Library, New Road.

tel: **01692 402482**

### **NGMA NATE GREGORY MARTIAL ARTS**

Mobile martial arts academy that specialises in free-style sport karate and kickboxing.

Saturday mornings at North Walsham Sports Centre, Spenser Avenue, North Walsham.

web: [ngmamartialarts.com](http://ngmamartialarts.com) email: [info@ngmamartialarts.com](mailto:info@ngmamartialarts.com)

tel: **07599 464094**

### **PARKRUN** *(North Walsham)*

A free, fun, and friendly weekly 5k community event. Walk, jog, run, volunteer or spectate – it's up to  
you! Every Saturday from 9.00am at North Walsham High School, Spenser Avenue NR28 9HZ

facebook: [@northwalshamparkrun](https://www.facebook.com/northwalshamparkrun)

web: [www.parkrun.org.uk/northwalsham](http://www.parkrun.org.uk/northwalsham)

email: [northwalsham@parkrun.com](mailto:northwalsham@parkrun.com)

### **PILATES WITH BOO**

Queen Elizabeth Hall, Ruin Road, Worstead NR28 9WH.

Thursday (weekly) 4.30pm - 5.30pm sitting. Thursday weekly 6pm - 7pm mat session.

More details online at [www.QEHW.org.uk](http://www.QEHW.org.uk)

tel: **01692 535237**

### **PILATES**

Tuesday 7.00pm – 8.00pm. Methodist Hall, Grammar School Road, North Walsham. Contact Maxine  
Corrigan.

email: [corriganmaxine@gmail.com](mailto:corriganmaxine@gmail.com)

### **RIDING FOR THE DISABLED** *(North Norfolk)*

Squirrel Wood Equestrian Centre and Equine Therapy.

Hall Farm, Sloley Road, Worstead NR28 9RS

Volunteers always needed.

tel: **01263 577247**

mobile: **07586 292149**

email: [priscilla.mcdougall@icloud.com](mailto:priscilla.mcdougall@icloud.com)

### **RIFLE & PISTOL CLUB** *(North Walsham)*

Aiming to encourage safe, fun target shooting for the widest possible range of ages and abilities. The  
club is accessible for disabled shooters and reviews individual requirements as part of the welcome  
process. 71 Happisburgh Rd, North Walsham NR28 9HD

web: [www.nwrpc.co.uk](http://www.nwrpc.co.uk) facebook: [NWRPCadmin](https://www.facebook.com/NWRPCadmin)

email: [nwrpcmembership@gmail.com](mailto:nwrpcmembership@gmail.com)

## **RINGCRAFT**

Dog Showing Evening. Wednesday (weekly) 7.30pm - 9.00pm at Queen Elizabeth Hall, Ruin Road, Worstead NR28 9WH  
web: [www.QEHW.org.uk](http://www.QEHW.org.uk)

## **RUGBY FOOTBALL CLUB** *(North Walsham)*

North Walsham Rugby Club was formed in 1962 to bring rugby to the young men of the town. From humble beginnings playing on the local school pitch the club moved to Scottow eventually establishing a club house and bar. A family orientated club with second generations now very much a part of the current and future playing strength. Senior, Ladies, Youth and Minis teams.

**The Clubhouse, Norwich Road, Scottow.**

web: [www.nwrfc.club](http://www.nwrfc.club) facebook: @WalshamVikings

tel: **01692 538992**

## **RUN BUDDIES**

Beginners / Improvers running club. North Walsham Sports Centre, Spenser Avenue, North Walsham.  
facebook: [RunBuddiesNorthWalsham](https://www.facebook.com/RunBuddiesNorthWalsham)

tel: **07789 456444**

## **SCOUTS** *(North Walsham)*

**Beavers** (6 – 8 years) **Cubs** (8 - 10½ years) **Scouts** (10½ – 14 years).

Our Scout Headquarters are located in North Walsham, near the train station, on a large area of land providing plenty of outside space and private parking. Our building has various facilities including a main hall, 2 small rooms with tables and chairs, kitchen, toilets with separate girls and boys toilets, and a disabled toilet that also has a shower. All facilities are available to hire.

email: [northwalshamscouts@hotmail.com](mailto:northwalshamscouts@hotmail.com)

## **SCRABBLE CLUB**

Monday 11-1 (alternate weeks) at North Walsham Library.

tel: **01692 402482**

## **TABLE TENNIS CLUB** *(North Walsham)*

Takes place at North Walsham High School, Spenser Avenue, North Walsham on Friday evenings from 7.00pm - 10.00pm.

tel: **01692 405416**

## **TAEKWONDO ACADEMY** *(North Norfolk)*

Taekwondo classes for kids and adults every Tuesday at North Walsham Community Centre 6.30pm - 8.00pm. We practice a traditional form of Taekwondo, a Korean martial art. Our academy is based on Jidokwan. facebook: [NorfolkTKD](https://www.facebook.com/NorfolkTKD)

email: [k.cubitt@live.co.uk](mailto:k.cubitt@live.co.uk)

## **TOWN FOOTBALL CLUB** *(North Walsham)*

An amateur sports club formed in 1879 after a meeting at the old Angel Hotel in the town, hence the nickname 'The Angels' playing at Millfield, North Walsham. We run numerous teams for men, women, boys and girls of all age groups from age 6 to veterans and always welcome new players to join in the fun. Should you want to be part of this community facility in any way from being a player, a coach, a helper or sponsor we would always like to hear from you.

web: [northwalshamtownfc.com](http://northwalshamtownfc.com) tel: Steve Gibbs: **07799 112419** / Carla Beane: **07824 150840**

## **TRADITIONAL KARATE AND FITNESS**

Traditional Karate & Fitness (TKF) was launched in 2014 by four professional instructors passionate about creating a club producing high quality Shotokan Karate, where students of all ages and abilities receive the best possible training from experienced and committed instructors.

Wednesday evenings at The Atrium on Spenser Avenue. Family Class (All Grades) 6.00pm - 7.00pm. Family Class (Brown Belt & Above) 7.00pm - 8.00pm.

tel: **07502 262722**

web: [karatefitness.co.uk](http://karatefitness.co.uk)

email: [office@karatefitness.co.uk](mailto:office@karatefitness.co.uk)

## **YOGA**

Wednesday 7.00pm to 8.00pm at the Community Centre, New Road, North Walsham.

Contact Donna.

tel: **01692 407306**

## **YU GI OH CLUB** *(16+ only)*

Saturday 1pm – 3pm North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

# *Clubs and Societies (arts, creative & performance)*

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## **ADULT ACTING AT THE BLACK SWAN THEATRE**

Engaging acting classes for all abilities, no previous experience is necessary. Black Swan Theatre, Black Swan Loke, NR28 9BX

web: [www.newstages.co.uk](http://www.newstages.co.uk) email: [info@newstages.co.uk](mailto:info@newstages.co.uk)

tel: **01692 500006**

## **ART & CRAFT EVENING**

On selected Monday evenings, our very own Hannah is running a craft evening at The New Life Building, Laundry Loke, North Walsham NR28 0BD from 6:30pm-8.00pm. Bring a craft along with you and enjoy friendship, craft and endless cuppas.

web: [www.newlifenorthwalsham.com](http://www.newlifenorthwalsham.com)

tel: **07413 257721**

## **ART CLASS**

Fun, friendly & informal. Thursday from 9.00am to 12.00pm at the Community Centre, New Road, North Walsham. Contact Alan Ganney.

tel: **01692 650594**

## **BAND PRACTICE**

Any player, any age or ability. Thursday from 8.00pm. Salvation Army Hall, Hall Lane, North Walsham. Contact Envoy Ruth Morey.

email: [ruth.morey@salvationarmy.org.uk](mailto:ruth.morey@salvationarmy.org.uk)

tel: **01692 403955**

## **BEACON CRAFT GROUP**

Beacon Craft Group is a community craft group for crafters and hobbyists. It's also a great place to meet for a chat if you are struggling with isolation or loneliness. 2nd and 4th Thursday every month between 10:30am and 1:00pm - Just turn up! Beacon Community Church, Walcott Road, Bacton NR12 0HB

web: [www.beaconchurchbacton.com](http://www.beaconchurchbacton.com)

## **CHOIR**

Wednesday from 11.00am to 1.00pm. Thursday from 7.00pm - 8.00pm (Acapella Choir).

Methodist Hall, Grammar School Road, North Walsham. Contact Maxine Corrigan.

email: [corriganmaxine@gmail.com](mailto:corriganmaxine@gmail.com)

## **COLOURING CLUB FOR CHILDREN**

Mondays 3.30 - 4.30pm at North Walsham Library.

tel: **01692 402482**

## **CREA'TEEN CLUB**

Art club for teens. Thursday from 3.00pm to 4.30pm at North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

## **CREATIVE WRITING**

Tuesday from 10.30am to 11.30am at North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

## **COMMUNITY CHOIR PRACTICE**

Any age. Thursday from 6.45pm. Salvation Army Hall, Hall Lane, North Walsham. Contact Envoy Ruth Morey. email: [ruth.morey@salvationarmy.org.uk](mailto:ruth.morey@salvationarmy.org.uk)

tel: **01692 403955**

## **DROP IN AND DRAW**

Wednesday from 1.30pm to 3.30pm at North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

## **FIRST FRIDAY CRAFTERS** (North Walsham)

Meet at the **Methodist Church**. This is a group open to anyone interested in crafting, learning new skills or sharing expertise. Come along and try knitting, quilting, paper craft, sewing, painting, sugarcraft, etc. 10am First Friday of the Month.

tel: **07535 528613**

**FLOWER CLUB** (*North Walsham & Bradfield*)

Meet on the last Thursday of the month at 2.30pm - 4.30pm at the Catholic Church Hall, North Walsham. Contact Susan Bloomfield.

tel: **01692 500440**

**FOOTNOTES DANCE SCHOOL**

Classes from 3 years of age to adult in:- Ballet, Tap, Modern Jazz, Freestyle, Acro. Assistance is provided within classes from senior pupils who are training for professional teaching qualifications. Pupils work towards both examinations (grades + majors) & stage work. Two dedicated studios at 1 St Nicholas Court, North Walsham NR28 9BY.

email: **michelle@footnotesdanceschool.co.uk**

tel: **01692 407444**

**GOOD HOUR** (*The*)

Creative Writing Club. Tuesday from 10.30am at North Walsham Library.

tel: **01692 402482**

**KNIT AND NATTER**

Knitting, crochet and other needlecraft. Mondays 1.30pm - 3.00pm at North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

**KNIT AND NATTER**

Second and Fourth Wednesday of the month from 2.00pm - 3.30pm at Methodist Church, Grammar School Road, North Walsham. Contact Bridget Hughes.

tel: **01692 404501**

**LACE MAKING GROUP**

Salvation Army Hall, Hall Lane, North Walsham. Monday 2.00 - 4.00. Run by Sandra Martins. Contact Envoy Ruth Morey. email: **ruth.morey@salvationarmy.org.uk**

tel: **01692 403955**

**LINE DANCE CLASSES**

Fully qualified "Best Western Dance Academy" line dance instructor with 30 years experience. North Walsham Community Centre, New Road, North Walsham.

6.15pm - 7.00pm - Absolute beginners / 7.00pm - 7.45pm - Beginners and improvers

email: **christinerushton5@gmail.com**

tel: **01692 780149**

**MARDLERS ART CLUB**

Methodist Hall, Grammar School Road, North Walsham. Monday 2.00pm - 4.00pm. Contact Maxine Corrigan. email: **corriganmaxine@gmail.com**

**MUSTARD SEED QUILTERS GROUP**

Mainly quilting. Bring your own lunch. £2 for half day £4 for full day. Second and last Friday of the month 9.30am - 3.00pm at the Dayspring Centre, behind the Methodist Church, Grammar School Road. Contact Ros Peedle. email: **ros.peedle@live.co.uk**

tel: **01692 405591**

**NELSON QUILTERS**

Quilting, knitting, crocheting and socialising with drinks and cake. £25 per year. 1st Wednesday of the month 9 - 1pm at St Benet's Hall, behind St Nicholas' Church. Contact Aileen McFayden.

tel: **01263 721257**

**NORFOLK CAMERATA**

A well-established and friendly choir. Rehearsals are held on Wednesday evenings from 7.30 to 9.30 at Catholic Church of the Sacred Heart, Norwich Road, North Walsham.

web: **www.norfolkcamerata.co.uk**

tel: **01603 279541**

**NORTH WALSHAM PLAYERS** (theatre group)

North Walsham Players were formed in 1998 to give people the opportunity to perform in a live show whilst helping to raise money for local, good causes and charities. We currently perform Variety Shows and Pantomimes. No joining fees or subscriptions. Age range 8 through to adult.

email: **jeabol@aol.com**

tel: **01692 402116**

### **PEOPLE'S CHOIR** (*North Walsham*)

We are an energetic group of people who enjoy singing together. No previous experience is necessary and we'll make you feel most welcome in our range of abilities, voices and ages. We sing a wide range of songs – from pop, rock, the musicals and some world music too. Most importantly we sing for fun; both for ourselves and our audiences! Led by Joseph Ballard, we run very friendly, welcoming and energetic sessions. Tuesdays 7-8.30pm at the Black Swan Theatre, Black Swan Loke, NR28 9BX  
web: [www.newstages.co.uk](http://www.newstages.co.uk) email: [info@newstages.co.uk](mailto:info@newstages.co.uk)  
tel: **01692 500006**

### **PHOTOGRAPHIC GROUP** (*North Walsham*)

A group of friendly and enthusiastic photographers pursuing all aspects of image capture. Meeting at 7.30pm on the 2nd & 4th Tuesday of the month at The Salvation Army Hall, Hall Lane, North Walsham. NR28 9DT. Contact Trevor or Liz Fiddy. email: [Lizfiddy17@gmail.com](mailto:Lizfiddy17@gmail.com)  
web: [www.nw-pg.co.uk](http://www.nw-pg.co.uk) tel: **01692 582793**

### **PLAYING FOR CAKE**

Singing for fun and health. 1st and 3rd Tuesday every month. 10.30am – 12.00pm. Sacred Heart Church Hall, Norwich Road, North Walsham NR28 9JP. Contact Tina Blaber. tel: **07771 605188**

### **RED LOFT THEATRE CLASSES**

Producing plays and musical theatre as well as working with young people. Workshops and courses for all ages. Develop skills and make friends whilst trying something new.  
North Walsham Community Centre, New Road.  
email: [info@redlofttheatre.com](mailto:info@redlofttheatre.com) web: [www.redlofttheatre.com](http://www.redlofttheatre.com) tel: **07823 556312**

### **SONGS OF PRAISE**

Last Sunday of the month 4pm at The Salvation Army Hall, Hall Lane, North Walsham.  
Contact Ruth Morey. email: [Ruth.morey@salvationarmy.org.uk](mailto:Ruth.morey@salvationarmy.org.uk) tel: **01692 403955**

### **TEA DANCES**

Vey popular regular events (except during the Summer) featuring the Den-Barrie Duo. "For a sociable afternoon of sociable music, played at a sociable volume". Admission: £2.00 including refreshments. All proceeds donated to charities. 2.00pm to 4.00pm at North Walsham Community Centre, New Road. Contact: Barry Eke.  
tel: **01603 736155**

### **TRUE MOTION DANCE**

Various classes on Mondays at the Dance Studio at The Atrium, North Walsham, Spenser Avenue, North Walsham.

Mini Movers (ages 3-7) 16:00 – 16:40.

Street Dance (ages 8-11) 16:45 – 17:25 / (ages 12-16) 18:50 – 19:45.

Contemporary Dance (ages 8-11) 17:25 – 18:05 / (ages 12-16) 18:10 – 18:50.

web: [www.truemotiondance.co.uk/dance-classes-north-walsham-norfolk](http://www.truemotiondance.co.uk/dance-classes-north-walsham-norfolk)

facebook: [@truemotiondanceUK](https://www.facebook.com/truemotiondanceUK) email: [kelly@truemotiondance.co.uk](mailto:kelly@truemotiondance.co.uk) tel: **07709 804577**

### **WALSHAM DRAMA & SINGING GROUP (WDSG)**

The aims of our group are to bring together adults of all abilities in North Walsham and surrounding areas to be involved in all aspects of performing arts and stagecraft in a relaxed, supportive environment with the aim of developing drama and performance skills. We also encourage development in other areas such as singing for fun. Membership is open to anyone over 18 years. New members always warmly welcomed! Find us on Facebook, Twitter and Instagram. web: [www.walshamdsorg.org](http://www.walshamdsorg.org)  
email: [walshamdsorg@gmail.com](mailto:walshamdsorg@gmail.com)

### **YOUTH THEATRE** (*North Norfolk*)

Black Swan Theatre, Black Swan Loke, NR28 9BX. For up to 16 year olds. Fun energetic sessions exploring theatre making with games, drama and shows!  
web: [www.newstages.co.uk](http://www.newstages.co.uk) email: [info@newstages.co.uk](mailto:info@newstages.co.uk) tel: **01692 500006**

# *Clubs and Societies (family, social & health)*

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## **ATTIC YOUTH CLUB**

Our youth club for school years 7-11, The Attic, runs during term time on different Friday nights from 7.30 – 9pm at New Life Building, Laundry Loke, North Walsham NR28 0BD. Entrance is free. Contact Suzie Schaitel. website: [www.newlifenorthwalsham.com](http://www.newlifenorthwalsham.com) Facebook: @theatticnw email: [suzie@newlifenorthwalsham.com](mailto:suzie@newlifenorthwalsham.com) tel: **07413 257721**

## **BAMBEATOS TODDLER AND BABY MUSIC GROUP**

Tuesday from 9.45am to 11.45am. Methodist Hall, Grammar School Road, North Walsham. Contact Maxine Corrigan. email: [corriganmaxine@gmail.com](mailto:corriganmaxine@gmail.com)

## **BOOK CLUB**

Read and discuss a library book each month and have fun. £1 for refreshments. 3rd Friday of the month, 10.00am at Methodist Church, Grammar School Road. Contact Sandra Parsons.

tel: **01692 503018**

## **BOUNCE AND RHYME**

Songs and rhymes for under 5s and their grown-ups – stay and chat. Thursday from 10.45am to 11.30am at North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

## **BREASTFEEDING MUM MEETS**

First Tuesday of the month from 1.30pm to 3.00pm at North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

## **CAMEO FRIENDSHIP GROUP**

Come And Meet Each Other. Talks and refreshment. 1st Wednesday from 2.30pm to 3.30pm at the Salvation Army Hall, Hall Lane, North Walsham. Contact Envoy Ruth Morey. email: [ruth.morey@salvationarmy.org.uk](mailto:ruth.morey@salvationarmy.org.uk)

tel: **01692 403955**

## **COFFEE MORNINGS**

Tuesday 10:00am – Midday at The Mustard Seed, Methodist Hall, Grammar School Road.  
Contact Richard Riley.

tel: **01692 403087**

Thursday 9.30am - 11.30pm at St Nicholas' Room, behind St Nicholas' Church.  
Contact the church office.

tel: **01692 406380**

Thursday 9.30am - 11.30pm at Salvation Army Hall, Hall Lane.  
Contact Envoy Ruth Morey. email: [ruth.morey@salvationarmy.org.uk](mailto:ruth.morey@salvationarmy.org.uk)

tel: **01692 403955**

2nd & 4th Wednesday 10.30am - 12.00pm at Lessingham Chapel, Ingham Road, Lessingham  
Contact Ros Peedle.

tel: **01692 405591**

3rd Tuesday 10am - 12pm for local people with sight loss at Black Swan Theatre, Black Swan Loke, North Walsham. email: [karl.bloor@visionnorfolk.org.uk](mailto:karl.bloor@visionnorfolk.org.uk)

tel: **07864 615929**

## **DEAF CAFÉ (North Walsham)**

North Walsham Deaf Café is held in the Salvation Army Hall, Hall Lane on first Saturday of each month 10 am - 12 noon. There is no charge. We offer refreshments and any donations go to the Community Fridge now in Salvation Army Hall. Anyone who is deaf, has hearing impairments or is learning or interested in BSL is welcome. Attendees at the introductory BSL classes in our library are encouraged to come along and practise their new skills. The aim is to ease the isolation hearing problems cause. Contact Wendy Murphy.

tel: **01692 407508**

email: [wpmurphy@gmx.com](mailto:wpmurphy@gmx.com)



### **DEMENTIA SUPPORT GROUP / CAMEO CAFÉ** *(North Walsham)*

CAMEO Café, Furze Hill Resource Centre, 73 Happisburgh Road, North Walsham NR28 9HD – where people living with dementia, their carers and those who are socially isolated enjoy themselves in a safe, happy and relaxed environment. Refreshments are available throughout the day, including a hot two course meal at lunchtime.

email: **bladdoreen5@gmail.com**  
tel (on a Tuesday or Thursday): **01692 502708**

### **EARLY CHILDHOOD AND FAMILY SERVICE BABY & TODDLER GROUP**

Thursday from 10.00am to 11.30am. Methodist Hall, Grammar School Road, North Walsham. Contact Maxine Corrigan.

email: **corriganmaxine@gmail.com**

### **FORGET-ME-NOT GROUP**

For people with dementia and carers (lunch £7). 3rd Thursday of the month from 10.30am to 2.00pm at Lessingham Chapel, Ingham Road, Lessingham NR12 0TD. Open to all from North Walsham but contact Ros Peedle.

tel: **01692 405591**

### **GOOD COMPANIONS CLUB** *(North Walsham)*

A club for the over 50's which takes place at the St Nicholas Church Rooms. Very successful friendly club - lots of chatting, bingo, dominoes, raffles, tea & cakes (often served by local school children), valuations, topical talks, musical afternoons. 6 outings during the Summer. Fridays fortnightly from 2.00pm to 4.00pm. Membership: £5.00 per annum.

Contact: Janet Grimes. email: **janetgrimes5@aol.com**

tel: **07553 212463**

### **GRIEF CAFÉ**

Second Tuesday from 12.00pm to 1.00pm at North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

### **HARVEST YOUTH**

On Thursday evenings NewLife Youth meet in a smaller group at New Life Building, Laundry Loke, North Walsham NR28 0BD. Here the young people spend time playing games, eating food, praying, studying His word (The Bible) and chatting. Meeting times and venues may vary. Send us a message for more information. web: **newlifenorthwalsham.com**

email: **church@newlifenorthwalsham.com**

tel: **07413 257721**

### **JUST A CUPPA**

A friendly chat with a cup of tea. Friday 2pm - 3.30pm.

Autism and/or Learning Disabilities Just a Cuppa for Adults. 3rd Monday of month 4.30pm-6.00pm. North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

### **LADIES CIRCLE** *(North Walsham)*

A club for young women between the ages of 18-45 in North Walsham and the surrounding area looking to expand their social circle in a new area or simply seeking to meet new people.

web: **www.facebook.com/NorthWalshamLadiesCircle**

### **LIGHTHOUSE LUNCH**

4th Thursday of the month from 12.00pm to 2.00pm at Lessingham Chapel, Ingham Road, Lessingham NR12 0TD. Open to all from North Walsham but contact Ros Peedle.

tel: **01692 405591**

### **LITTLE BEAR CUBS**

Join us for fun filled Wednesday mornings at Swanton Abbott Village Hall from 10am to 11am, ages 0-5 years (siblings are FREE). Soft Play, Crafts, Messy Play, Role Play and of course a mini Disco. web: **bookwhen.com/littlebearcubsnorfolk**

### **LUNCH CLUB**

Open to all. £7 for 2 course meal, tea or coffee. Mondays at 12.30am at the Salvation Army Hall, Hall Lane, North Walsham. Contact Envoy Ruth Morey.

email: **ruth.morey@salvationarmy.org.uk**

tel: **01692 403955**



### **MEN'S SHED** *(North Walsham)*

Created in September 2018, the Men's Shed aims to tackle loneliness and isolation, promoting health and well-being by bringing people together to share skills and tools in a safe and friendly environment. The Shed is open to all, not just gentlemen but ladies as well, especially those looking to socialise, make use of the facilities and work on practical activities such as woodwork, repairs and crafts. The group meets at The Sports Centre, Spenser Avenue, North Walsham, Norfolk, NR28 9HZ.  
web: [north-walsham-mens-shed.co.uk](http://north-walsham-mens-shed.co.uk) email: [nwmensshed@gmail.com](mailto:nwmensshed@gmail.com)

### **MEN'S SUPPORT GROUP**

1st Wednesday of the month 11.00am to 12.30pm at the Salvation Army Hall, Hall Lane, North Walsham.  
email: [richard.durrant@salvationarmy.org.uk](mailto:richard.durrant@salvationarmy.org.uk)

### **MOTHERS' UNION** *(North Walsham)*

A welcoming group of ladies who meet at 2.00pm on the second Tuesday of the month in St Nicholas Room. Visitors and new members are always welcome to join us for faith, fellowship and fun. For further information please contact Stephanie Cooper.  
email: [steph251490@googlemail.com](mailto:steph251490@googlemail.com) tel: **01692 408994**

### **PARENT AND TODDLERS**

Monday 9.15 – 10.30 (Term time) at The Salvation Army Hall, Hall Lane, North Walsham.  
Contact Ruth Morey. email: [Ruth.morey@salvationarmy.org.uk](mailto:Ruth.morey@salvationarmy.org.uk) tel: **01692 403955**

### **PARENT CAFE**

Parent Cafe meets weekly during term time on a Tuesday morning between 10:00 and 11:30 at New Life Building, Laundry Loke, North Walsham NR28 0BD. This group is a wonderful time for parents/ carers/grandparents of those with additional needs to come together for coffee, friendship and support. Contact Suzie Schaitel web: [newlifenorthwalsham.com](http://newlifenorthwalsham.com)  
email: [church@newlifenorthwalsham.com](mailto:church@newlifenorthwalsham.com) tel: **07413 257721**

### **PARKINSON'S NORTH NORFOLK**

Social and information sharing for anyone affected by Parkinson's.  
Second Tuesday of month, 10.30am - Midday at Sacred Heart Catholic Church, North Walsham.  
Contact Andy Harding. email: [andy@thehardings.uk](mailto:andy@thehardings.uk) tel: **01603 782667**

### **PASTON POP-IN CAFE**

Student run community cafe held at St Nicholas Room and St Benets Hall, North Walsham on 2nd and 4th Wednesday during term time from 10.00am to 11.30am. Run by students from the Multi Enterprise course at Paston College. Student have a range of learning difficulties or barriers to employment. email: [kate.shulver@ccn.ac.uk](mailto:kate.shulver@ccn.ac.uk) tel: **01603 773392**

### **PHOENIX GROUP** *(North Walsham)*

Our Vision is to create a stronger, brighter and thriving future for the communities and young people in North Walsham. Our Mission is to provide a welcoming and flexible space for the communities and young people in North Walsham. Our Purpose is to inspire, motivate, encourage and champion the communities and young people of North Walsham.  
12 Market Place, North Walsham.

web: [phoenix.northwalsham.org](http://phoenix.northwalsham.org) email: [phoenixgroup.northwalsham@gmail.com](mailto:phoenixgroup.northwalsham@gmail.com)  
facebook: [northwalsham.phoenixgroup](http://northwalsham.phoenixgroup) tel: **01692 684784**

### **REMEMBERING TOGETHER CIC**

Bereavement support via creative arts projects. Anyone can attend a free workshop or 'create and chat' drop in session. These are mostly held in and around North Walsham (our local libraries).  
Contact Caroline Aldridge for dates and details. web: [rememberingtogethertic.com](http://rememberingtogethertic.com)  
email: [RememberingTogetherGroup@gmail.com](mailto:RememberingTogetherGroup@gmail.com)

### **SATURDAY READS**

Third Saturday of the month from 10.30am to 11.30am at North Walsham Library, New Road, North Walsham.  
tel: **01692 402482**

## **SLIMMING WORLD**

Monday 10:00am & 11:30am. Wednesday 4:00pm, 5:30pm & 7:00pm. Contact Karen Mason.

St Benet's Hall, St Nicholas' Church, North Walsham NR28 9DQ.

web: [www.slimmingworld.co.uk/counties/norfolk/north-walsham](http://www.slimmingworld.co.uk/counties/norfolk/north-walsham)

email: [KL.mason@yahoo.co.uk](mailto:KL.mason@yahoo.co.uk)

tel: **01603 405536**

## **SPACE4U**

Coffee morning for parents & carers of children & young people with additional/complex needs.

Second Thursday from 10.00am to 12.00pm. Emmanuel Church, Cawston Road, Aylsham NR11 6BX.

Contact Helen Daniels. email: [helen.brock@btopenworld.com](mailto:helen.brock@btopenworld.com)

tel: **01263 734409** or **07890 661683**

## **TOTS**

New Life Tots meet term time on Friday mornings, 9.00am-11.00am at New Life Building, Laundry Loke, North Walsham NR28 0BD. This group is a perfect opportunity for parents/carers and their young children to meet and get to know other parents/carers. There are toys and games to play with, plus we enjoy snack time and finish off with songs together.

email: [church@newlifenorthwalsham.com](mailto:church@newlifenorthwalsham.com)

email: [suzie@newlifenorthwalsham.com](mailto:suzie@newlifenorthwalsham.com)

website: [www.newlifenorthwalsham.com](http://www.newlifenorthwalsham.com)

tel: **07413 257721**

## **W.I. - ROCK BUNS & ROLLING PINS**

Rock Buns & Rolling Pins WI is a friendly WI group with the aim of inspiring and empowering local women. Speakers, crafts and outings for women over 18. We meet at 7.00pm on the 3rd Wednesday of the month (2nd Wednesday in December) at St Nicholas Room, North Walsham. Contact Helen Heap. Facebook: [@Rockbuns](https://www.facebook.com/Rockbuns)

email: [rockbunsandrollingpins@gmail.com](mailto:rockbunsandrollingpins@gmail.com)

## **WOMEN'S WELLNESS**

A support and friendship group for women of all ages! We meet every other Wednesday afternoon 1.30pm - 3.30pm in the Black Swan Theatre with an additional evening meeting once a month 7pm - 9pm. web: [www.facebook.com/groups/807126163873375](https://www.facebook.com/groups/807126163873375)

email: [womenswellness22@gmail.com](mailto:womenswellness22@gmail.com)

tel: **07368 941174**

## **WORSTEAD PARENT**

Toddler and Baby Group run by Worstead Preschool. Stay, play, chat and warm space for pre-school children and their adults. Queen Elizabeth Hall, Ruin Road, Worstead NR28 9WH.

Friday (weekly, term time and some holidays) 9.30am - 11.30am.

More details online at [www.QEHW.org.uk](http://www.QEHW.org.uk)

tel: **01692 535237**

## **WORSTEAD WEDNESDAY**

Community coffee morning / warm space at Queen Elizabeth Hall, Ruin Road, Worstead NR28 9WH.

Wednesday (weekly) 9.30am - 11.30am. More details online at [www.QEHW.org.uk](http://www.QEHW.org.uk)

tel: **01692 535237**

## **YOUNG CARERS**

Thursday (in term time) from 6.30pm to 8.30pm at St Benet's Hall, St Nicholas Church, North Walsham. Contact Alice Stevenson.

email: [alice.stevenson@benjaminfoundation.co.uk](mailto:alice.stevenson@benjaminfoundation.co.uk)

## **YOUNG FARMERS** (North Walsham)

Meeting on Tuesdays for young people Aged 16-28 who are interested in rural life and socialising with like minded people. Meetings include tours of local machinery, food processors, and farm walks. Talks from local rural trades and industry experts. Christmas light tractor run held Second Saturday December. "You don't have to be a farmer to be in young farmers."

email: [office@norfolkyfc.co.uk](mailto:office@norfolkyfc.co.uk)

## **ZEST WELLBEING AND COUNSELLING**

Black Swan, Black Swan Loke, NR28 9BX. Helping you help yourself with the change you want to make with counselling, psychotherapy, hypnotherapy and wellbeing sessions.

email: [info@zestwellbeing.co.uk](mailto:info@zestwellbeing.co.uk) web: [www.zestwellbeing.co.uk](http://www.zestwellbeing.co.uk)

tel: **01603 855242**

# *Clubs and Societies (other)*

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## **32A MODEL RAILWAY CLUB**

Based at Little Plumstead. Presently preparing a model of old North Walsham station.

Meetings: Saturday -11am to 3pm

Secretary: Chris Marshall **07775 954833**

web: **www.32amrc.co.uk**

## **41 CLUB** (*North Walsham*)

A group of ex Round Tablers. Meet 3rd Thursday of month, various venues. tel: **01692 404747**

## **AA MEETING**

Monday at 7.00 – 9pm. Methodist Hall, Grammar School Road, North Walsham.

Contact Maxine Corrigan.

email: **corriganmaxine@gmail.com**

## **AIR CADETS - NORFOLK & SUFFOLK WING**

Are you up for fun, adventure, incredible experiences and making new friends? Are you looking for something to give you the edge in life? Then welcome to the Royal Air Force Air Cadets! We are a UK-wide cadet force with more than 40,000 members aged between 12 (in school year 8) and 17 years, and 20,000 adult volunteers aged 20 and over.

email: **oc.2110@rafac.mod.gov.uk** web: **www.nswingatc.co.uk**

tel: **07979 075825**

## **AIR TRAINING CORPS** 2110 (*North Walsham*) Squadron

Parade times: Monday & Thursday 19:00 - 21:30

ATC Hut, North Walsham Primary School, Manor Road (*parade times only*)

tel: **01692 402110**

## **ARMY CADET FORCE**

Aged 12-18, looking for fun, adventure and new friendships? We parade Wednesday evenings 19.30-21.30 at North Walsham High School, Spenser Avenue.

web: **armycadets.com** email: **ea-norao1@rfca.org.uk**

tel: **01362 694515**

## **BLOOD DONOR SESSIONS**

Save a life: GIVE BLOOD! North Walsham Community Centre, New Road. Twice a month. 1.00pm to 3.30pm & 4.30pm to 7.00pm. email: **joanna.jenney@nbs.nhs.uk**

tel: **0203 123 8324**

## **BRITISH RED CROSS SOCIETY**

Offers a variety of help, first aid, home visits. Further information contact Local Headquarters.

tel: **01603 426 361**

## **BUSINESS GROUP** (*North Walsham*)

Previously the North Walsham Chamber for Business. Currently transferring to a free, online based local business support and networking group.

web: **www.facebook.com/groups/523056145593304**

## **CHRISTMAS LIGHTS** (*North Walsham*)

North Walsham Christmas Lights is a small Volunteer group (part of Walsham Community Events) who work every Sunday for 6 weeks (apart from Remembrance Sunday) up to the annual switch on to make sure each year the town has Christmas Lights. The group is run entirely through donations and the profit from the switch-on event.

email: **nwchristmaslights@gmail.com**

tel: **07748030937**

## **COMMUNITY FIRST RESPONDERS** (*North Walsham*)

Team of volunteers trained by East of England Ambulance Service to attend 999 medical emergencies. Co-ordinator for North Walsham group: Nathan. Facebook: **NorthWalshamCFR**

email: **northwalshamcfr@gmail.com**

## **DIGITAL SUPPORT**

Friday 2.00pm - 3.00pm with Callum / Thursday 12.00pm-1.00pm with Lyndsey.

North Walsham Library, New Road, North Walsham

tel: **01692 402482**

### **FRENCH CONVERSATION CLUB**

Wednesday from 11.00am to 12.00pm at North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

### **GARDENERS' CLUB**

2.00pm on 3rd Thursday in the month at the Jubilee Room, Community Centre, New Road, North Walsham. Contact Ann Wilkinson.

tel: **01692 500710**

### **GERMAN CONVERSATION CLUB**

Tuesday from 2.00pm to 3.00pm at North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

### **GOOD NEIGHBOUR SCHEME** (*North Walsham*)

We are a group of trained and trusted volunteers, who provide free one-off or short-term support to anyone in North Walsham who requests it. We do simple DIY in homes and gardens; provide lifts to appointments, when no other transport is available (you pay the petrol costs); take people shopping when they need assistance; phone befriending or just popping round for a chat! Whatever you need we will try to find a solution. You ask, we help!

web: **www.nwgoodneighbour.org.uk**

facebook: **@NWGoodNeighbourScheme**

email: **assistance@nwgoodneighbour.org.uk**

tel: **01692 558321** or **07468 109227**

### **HORTICULTURAL SOCIETY** (*North Walsham & District*)

Meet 3rd Thursday of the month in Community Centre. Meetings include speakers on a very wide range of subjects including garden history, flower collections, English Country Gardens, birds and plants. We organise social gatherings and outings, hold a Spring Show, a Plant Sale and a well-attended annual Table Top Show. All welcome (annual membership fee). Contact Mrs Carlisle.

tel: **01692 404128**

### **INTERNATIONAL WELCOME**

Free advice and practical support to refugees, asylum seekers and migrants, and those with lived experience of migration into Norfolk. First and Third Friday of the month from 12.00pm to 2.00pm at North Walsham Library, New Road, North Walsham.

tel: **01692 402482**

### **KNAPTON HISTORY GROUP**

Meet the first Friday in the month at the Parish Room, Knapton from 10.00am-12.00pm. All aspects of the history and the people of this parish, both ancient and modern, linking generations across the community through collecting, preserving & sharing information & memories about Knapton's history and heritage.

web: **knaptonremembered.org**

### **LODGE OF UNANIMITY 102 NORTH WALSHAM**

Lodge of Freemasons under the United Grand Lodge of England (UGLE) in North Walsham, Norfolk, England. Meets at North Walsham Community Centre, New Road, North Walsham, Norfolk NR28 9DE.

web: **www.facebook.com/Unanimity102**

tel: **01692 535345**

email: **L102secretary@gmail.com**

### **NORTH EAST NORFOLK CONSERVATION VOLUNTEERS**

We are a friendly group of conservation volunteers who run tasks on Wednesday afternoons from 1pm to 4pm in and around the North Walsham area. We work with Norfolk Wildlife Trust and other landowners managing woods, heathland, grassland for the benefit of wildlife and opening up access to the public. Our weekly posting on Facebook describes and explains these activities.

web: **www.facebook.com/northeastnorfolkconservationvolunteers**

tel: **07767 238942**

email: **nencv@protonmail.com**

### **NORTH NORFOLK FOODBANK**

Providing nutritionally balanced emergency food and support to local people who are referred in crisis. Open Wednesdays from 1.30pm - 3pm at St Nicholas Church Halls, Vicarage Street, North Walsham NR28 9BT. email: **info@northnorfolk.foodbank.org.uk**

web: **northnorfolk.foodbank.org.uk**

tel: **07826 376343**

## **NORTH WALSHAM IN BLOOM**

Established for some 25 years the Group's purpose is to improve the visual attraction of areas in and around the town centre through the planting of flowers and shrubs. More helpers are welcome.

Chairman Eric Seward.

web: [www.northwalshaminbloom.com](http://www.northwalshaminbloom.com) email [ericgseward@gmail.com](mailto:ericgseward@gmail.com) tel: **01692 403784**

## **ODDFELLOWS** (*Trafalgar Branch, North Walsham*)

Do you want to make new friends, try something new, and enjoy a little extra support from people who care? We offer social events and member benefits. For more information contact Janet Larter.

email: [janet.larter@oddfellows.co.uk](mailto:janet.larter@oddfellows.co.uk) web: [www.oddfellows.co.uk](http://www.oddfellows.co.uk)

tel: **01692 407852**

## **OLD PASTONIAN MASONIC LODGE**

Freemasonry is one of the world's oldest social and charitable organisations. Our connection with North Walsham is in the name! Whether you went to Paston or not, whether when a school or a college, please contact the Lodge Secretary Mark Northway for membership enquiries, find out the benefits of Freemasonry, and details of our work in the community.

tel: **07881 786838**

## **POLICE CADETS**

Thursday (in term time) from 7.00pm to 9.00pm in North Walsham. Contact Colin Dutton.

email: [cadets@norfolk.police.uk](mailto:cadets@norfolk.police.uk)

## **POORS ALLOTMENT CHARITY** (*North Walsham*)

Small grants for people in financial difficulty due to debt, reduced income, ill-health, benefit changes, unemployment, extra school or college expenses. Registered Charity No: 214445

email: [lois.sherman@sky.com](mailto:lois.sherman@sky.com)

tel: **01692 402802**

## **ROTARY CLUB** (*Aylsham & District, includes North Walsham*)

The Aylsham & District Club is your local presence of the world's first service club organisation made up of more than 1.2 million members in 45,000 clubs across more than 200 countries. We are part of a global network of men and women of all ages who volunteer their time and talents to serve their local community and to help those less fortunate. Meet 1st & 3rd Thursday from 6.00pm for 6.30pm at The New Forge Aylsham, NR116UD. web: [www.aylshamrotary.org.uk](http://www.aylshamrotary.org.uk)

email: [aylshamrotaryclub@gmail.com](mailto:aylshamrotaryclub@gmail.com)

tel: **01603 279701** or **01263 585020**

## **ROUND TABLE** (*North Walsham & District*)

North Walsham and District Round Table is open to guys aged 18-45 to #DoMore with their social lives. Meet time: 2nd and 4th Thursday of each month 7:00pm for 7:30pm start.

email: [enquiriesnwr331@outlook.com](mailto:enquiriesnwr331@outlook.com) web: [www.facebook.com/NWRT331](https://www.facebook.com/NWRT331)

tel: **0121 456 4567**

## **ROYAL AIR FORCE ASSOCIATION** (*North Walsham*)

Serving RAF & ex-RAF personnel of the Commonwealth and their families. Meet first Tuesday of the Month (*except January*) at the Black Swan, Black Swan Loke, North Walsham. 7.30pm.

Contact: Steve Killerby.

tel: **01692 406201** or **07748 5136643**

## **ROYAL BRITISH LEGION**

North Walsham Royal British Legion meets every month Black Swan public house North Walsham on the third Tuesday. All former and serving members of the Armed Forces and anyone who would like to get involved and attend our meetings are welcome. For further details contact Sheila Mitchell.

email: [smswingwing6@gmail.com](mailto:smswingwing6@gmail.com)

tel: **01692 535284**

## **SPEAKERS' CLUB** (*North Norfolk*)

Meet alternate Wednesdays. 6.45pm for 7pm in the Library at North Walsham High School, Spenser Avenue, North Walsham NR28 9HZ. web: [northnorfolkspakersclub.wordpress.com](http://northnorfolkspakersclub.wordpress.com)

email: [northnorfolkspakersclub@gmail.com](mailto:northnorfolkspakersclub@gmail.com)

tel: **07787 56222**

**ST JOHN AMBULANCE** *North Norfolk Network Hub (North Walsham)*

Preference Place, Bacton Road, North Walsham NR28 9DR.

Adult Group meet every other Wednesday 7.30pm to 9.30pm

(face to face or online weekly meetings) email: [richard.earl@sja.org.uk](mailto:richard.earl@sja.org.uk)

Cadets Group (ages 10-18) meet every other Monday 6.30pm to 8.30pm

web: [www.stjohnambulance.org.uk](http://www.stjohnambulance.org.uk)

tel: **01692 407069**

email: [n-northnorfolk@sja.org.uk](mailto:n-northnorfolk@sja.org.uk)

**ST JOHN AMBULANCE NORFOLK MUSEUM** *(North Walsham)*

Preference Place, Bacton Road, North Walsham NR28 9DR.

Open days throughout the year are advertised on social media and local publications, however

organisations and groups can visit the museum by prior arrangement.

tel: **0774 7683798**

email: [val.saunders@sja.org.uk](mailto:val.saunders@sja.org.uk)

**TABLE-TOP SALE** *(NW Players)*

Supporting the work of the NW Players theatre group. Saturday once a month from September.

9.00am to 12.00pm at the Community Centre, New Road, North Walsham. Contact Colin Jeary.

tel: **01692 402116**

**U3A** *(North Walsham)* (previously known as University of the Third Age)

Our local branch of the national organisation for people who are no longer in full time work and who want to make new friends, develop their interests and enjoy themselves.

web: [www.northwalshamu3a.org](http://www.northwalshamu3a.org)

**REMEMBER TO CHECK**

*Local village halls and venues who host various other clubs and events (see page 39).*

*Facebook groups/pages: **North Walsham Notice Board***

*Online resources such as: [www.northwalshamguide.co.uk](http://www.northwalshamguide.co.uk)*