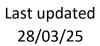




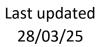
Weekly Activities

Day and Time	Activity	Venue	Contact
Mon – Friday	Swimming, gym and	Victory Swim	01692 409370
6.30 – 10pm	other activities	and Fitness	www.everyoneactive.com
Sat 7-6; Sun 8-6		Centre,	
		Station Road.	
Mon – Friday	Gym, Swimming,	Rossis Leisure	01692 404966
7-9pm	Fitness Classes,	Tungate Rd	reception@rossisleisure.com
Sat & Sun 8-6	Squash		www.rossis.co.uk
Wed – Sunday	Ten-pin bowling and	JR's	01692 407793
10 – 8/9pm	soft play	(next to Rossis)	<u>jrs@rossisleisure.com</u>
Mon/Frid 6-10pm	Sporting Activities	North Walsham	01692 402293
Tue/Wed/Thur 6-9		Sports Centre,	Everyone active.com
Saturday 9-2pm Sunday 9-12noon		Spenser	
Sunday 3-12110011		Avenue	
Wide variety of	Yendell's Health and	Folgate Road	07974 726036
fitness classes	Wellness Hub		Email: yendellshub@gmail.com
during the week			www.yendellshub.com
Numerous foot-	North Walsham Town	Green's Rd	youthsecretary@northwalshamtownfc.com
ball teams for all	FC		North Walsham Town Football Club
ages and genders			Established 1879 The Angels
Library open to all	Computers*,	North Walsham	01692 402482
when staffed;	Internet*, Scanning &	Library	North.walsham.lib@norfolk.gov.uk
extra hours and	Printing*, Study	(free to join)	Facebook: North Walsham Library
services* for	Space, Baby Weigh,		
members	Tricky Period Bags		
Mon. to Friday	Citizens Advice	Citizens Advice	0800 144 8848 (Norfolk Citizens Advice)
10 – 3pm (by 2pm	Drop-in advice	(Next to Café	www.citizensadvice.org.uk
if advice sought)	sessions	Kitale)	
Monday/Tue/Wed	Girlguiding in North	Aylsham Road,	All enquiries for girls joining or for adult
	Walsham	North	volunteers must go through the Go website
All groups are	Rainbows 4-7yr (Mon)	Walsham,	
held in the	Brownies 7-10yr	NR280BH	What we do Girlguiding
evening	(Tue/Wed)		
	Guides 10-14yr (Tue)		
	Rangers 14-18yr (Mon)		
Monday	Slimming World	St Benet's Hall,	Karen Mason
10.00 & 11.30am		St Nicholas	kl.mason@yahoo.co.uk
		Church	07883 025488
			01603 405536
Monday	Parent and Toddlers	Salvation Army	Envoy Ruth Morey
9.15 – 10.30am	(£2)	Hall,	01692 403955
(Term time)		Hall Lane	ruth.morey@salvationarmy.org.uk



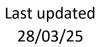


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Monday	Age UK	Sacred Heart	<u>Group-exercise@ageuknorwich.org.uk</u>
10 – 10.45am	Chair-based exercise	Church Hall	07442 549683
Monday	NW Men's Shed	Salvation Army	Ray Winder
10 – 1pm	Learn new skills/share	Activity Centre	07500 019202
	your skills/socialise	Furze Hill	<u>nwmensshed@gmail.com</u>
Monday	Mini-Movers	North Walsham	01692 402482
11 – 11.15am	Mum's stay on and	Library	North.walsham.lib@norfolk.gov.uk
	chat		Facebook: North Walsham Library
Monday	Community Fridge	Salvation Army	Envoy Ruth Morey
11 – 12.30pm		Hall,	01692 403955
		Hall Lane	<pre>ruth.morey@salvationarmy.org.uk</pre>
Monday	Multi-level circuit-	Sacred Heart	Group-exercise@ageuknorwich.org.uk
11.45 – 12.30pm	based exercise	Church Hall	07442 549683
Monday	Lunch Club	Salvation Army	Envoy Ruth Morey
12.30 – 2.00pm	2 course meal, tea or	Hall,	01692 403955
	coffee – Open to all	Hall Lane	ruth.morey@salvationarmy.org.uk
Mondays	Knit and Natter	North Walsham	01692 402482
1.30 – 3.00pm	Knitting, crochet &	Library	North.walsham.lib@norfolk.gov.uk
	needlecraft		Facebook: North Walsham Library
Monday	Digital Support with	North Walsham	01692 402482
2.00 – 3.00pm	Callum	Library	North.walsham.lib@norfolk.gov.uk
			Facebook: North Walsham Library
Monday	Mardlers Art Club	Methodist Hall,	Just drop in
2.00 – 4.00pm		Grammar	
		School Rd	
Monday	Lace Making Group	Salvation Army	Sandra Martins
2.15 – 4.15pm	Beginners welcome	Hall,	01692 403444
		Hall Lane	
Mondays	Colouring Club for Kids	North Walsham	01692 402482
3.30 – 4.30pm		Library	North.walsham.lib@norfolk.gov.uk
			Facebook: North Walsham Library
Mondays	Red Loft Theatre	Community	07823 556312
4-9pm - various	Classes	Centre	www.redlofttheatre.com
times/ages	Musical		info@redlofttheatre.com
	Theatre/Acting/Dance		
Monday	Tabletop Gaming	St Benet's Hall,	Will
6.00 – 10pm	(£3/session)	St Nicholas	northwalshamtabletopgaming@gmail.com
·		Church	
Monday	Touch Rugby	Vikings	Mark Scott
6.30 – 8pm	Open to males and	NW Rugby Club	msmarkscott@aol.com
	females over 14 years	Old Norwich Rd	
Monday	AA meeting	Methodist Hall,	01603 621 128
8.00 – 9pm		Grammar	
,		School Rd	
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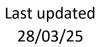


Monday	North Walsham Air	NW Primary	Flt Lt Alan Stevens
7.00 – 9.30pm	Cadets	School	Oc.2110@rafac.mod.gov.uk
		Manor Road	
Monday	Invidia Voices Choir	Sacred Heart	www.invidiavoices.co.uk
7.30 – 9pm		Church Hall	01603 464532
			info@invidiavoices.co.uk
Monday to Friday	Community Transport	Pick up &	Book by ringing:
Buses from	DialaRide Minibuses	return to your	01692 500840
9.30am,	and accessible car.	door.	info@nnct.org.uk
accessible car can	Transport for shopping		www.nnct.org.uk
be earlier.	medical appointments		
Tuesday	New Life Parents Café	The New Life	Suzie Schaitel
10.00 – 11.30am	Parents/carers of	Building,	suzie@newlifenorthwalsham.com
(during term-	those with additional	Laundry Loke	
time)	needs -free		
Tuesday	Cameo Café	Furze Hill	Envoy Ruth Morey
10.00 – 3.00pm	NW Dementia Support	Resource	01692 403955
	Group	Centre,	ruth.morey@salvationarmy.org.uk
	Activities & lunch for	Happisburgh	
	people with dementia,	Road	
	and others. £10 (£5 for		
	half day – no lunch)		
Tuesday	Mustard Seed Coffee	Methodist Hall,	Richard Riley
10:00 – 12noon	morning	Grammar	01692 403087
		School Rd	
Tuesday	The Good Hour	North Walsham	01692 402482
10.30 – 11.30am	Creative Writing Club	Library	North.walsham.lib@norfolk.gov.uk
			Facebook: North Walsham Library
Tuesday	Paracise at North	Community	Alexandra
10.15 – 11.00am	Walsham	Centre,	07917 833810
	Low intensity exercise to music	New Road	watsonalexandra230@googlemail.com
Tuesday	German Conversation	North Walsham	01692 402482
2 – 3pm	Club	Library	North.walsham.lib@norfolk.gov.uk
Tuesday	Funky Feet	St Benets Hall	Vikki Feetham
4 – 9.30pm	Dance	St Nicholas	07535 669190
		Church rooms	vfeetham@googlemail.com
Tuesday	Beaver Scouts	1 st North	All enquiries to:
5.30 – 7pm	6 – 8 years	Walsham Scout	northwalshamscouts@hotmail.com
		Hut, Midland	
		Rd.	
Tuesday	Line Dancing classes	Community	01692 780149
6.15-7 Beginners		Centre,	Christinerushton5@gmail.com
7-7.45 Improvers		New Road	



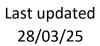


Tuesday	Pilates	Methodist Hall,	Sonya
7 – 8.00pm	T Hates	Grammar	07789 456444
, словр		School Rd	Sonya.m.p@hotmail.co.uk
Tuesday	NW People's Choir	Black Swan	Joseph Ballard
7 – 8.30pm	Welcomes everyone	theatre,	New Stages
	for singing, fun, drink	Black Swan	01692 500006
	and biscuits. £5/week	Loke	info@blackswanpubtheatre.co.uk
Tuesday	Yoga	Community	Jasmine
7 – 8pm	All welcome	Centre,	jasminedewberyyoga@gmail.com
		New Road	
Wednesday	NW Men's Shed	Salvation Army	Ray Winder
10 – 1pm	Learn new skills/share	Activity Centre	07500 019202
'	your skills/socialise	Furze Hill	nwmensshed@gmail.com
Wednesday	Move & Connect	North Walsham	01692 402482
10.30 – 12noon	Over 60s only	Library	North.walsham.lib@norfolk.gov.uk
	,	,	
Wednesday	French Conversation	Phoenix Centre	Just drop in
11.00 – 12noon	Club		•
Wednesday	Walk & Talk	North Walsham	01692 402482
12.45 – 2.45pm		Library	North.walsham.lib@norfolk.gov.uk
·			Facebook: North Walsham Library
Wednesday	Drop in and Draw	North Walsham	01692 402482
1.30 – 3.30pm		Library	North.walsham.lib@norfolk.gov.uk
			Facebook: North Walsham Library
Wednesday	Foodbank	St Nicholas	Julie Hunter-Jennings
1.30 – 3pm	provides food parcels	Room/Church	07826 376343
(Deliveries	and energy bank	Electronic	info@cromerdistrict.foodbank.org.uk
possible outside	vouchers for anyone	voucher	*Also, from North Norfolk Help Hub
these hours)	with a voucher	needed from	01263 516353.
		Citizens	Contact Julie for other places
		Advice*	
Wednesday	North Walsham &	Community	Jane Barrett
1.15 – 4.30pm	District Bridge Club	Centre,	01692 409930
	For medium &	New Road	Maxwell.barrett@btinternet.com
	experienced players,		
	not total beginners		
Wednesday	The North-East	Meeting point	Contact us on 07767 238942
1.00 -	Norfolk Conservation	for shared lift	nencv@protonmail.com
3.40pm	A range of different	in North	www.tcv.org.uk/norfolk
	activities; can start	Walsham.	Facebook:
	gently and build up.		@ nor the astnor folk conservation volunteers
	18+, regardless of		
	capabilities.		





Wednesday	Slimming World	St Benet's Hall,	Karen Mason
3x sessions at:		St Nicholas	kl.mason@yahoo.co.uk
4pm; 5.30pm; 7pm		Church	07883 025488
		5.1.6.1	01603 405536
Wednesday	Funky Feet	Sacred Heart	Vicky Feetham
4.30 – 9.45pm	Acrobatics & Dance	Church Hall	Tel: 07535 669190
	classes for various ages		vfeetham@googlemail.com
Wednesday	YOGA	Community	Donna
6.15 – 8pm		Centre,	07799 708696
		New Road	
Wednesday	Norfolk Camerata	St Nicholas	Rosemary Jackson
7.30 – 9.30pm	Choir	Room	01603 279541
	Everyone welcome –	(in Church on 3 rd	
	no auditions	Wednesday of	
	£50 per term (x3 / yr)	month – apart	
Th	C	from Jan & Feb)	Deal should be dealer
Thursday	Community Transport	Various routes	Book ahead by ringing:
from 9.30am	DialaRide Minibus	to main towns	01692 500840
	Pick up & return home.	£5.00	info@nnct.org.uk
T		C 1 11 A	www.nnct.org.uk
Thursday	Community Fridge	Salvation Army	Envoy Ruth Morey
9.30 – 11.00am		Hall,	01692 403955
T	0.55	Hall Lane	ruth.morey@salvationarmy.org.uk
Thursday	Coffee morning	St Benet's Hall,	Church office
9:30 – 11.30am		St Nicholas	01692 408971
T	0: 1.01	Church	saintnicholasnw@gmail.com
Thursday	Stay and Play	Methodist Hall,	www.gov.uk/earlychildhood
10.00 – 11.30am		Grammar	
Thursday	Compa Cofé	School Rd	Francis Duth Maria
Thursday	Cameo Café	Furze Hill	Envoy Ruth Morey
10.00 – 3.00pm	NW Dementia Support	Resource	01692 403955
	Group	Centre,	ruth.morey@salvationarmy.org.uk
	Activities & lunch for	Happisburgh	
	people with dementia,	Road	
	and others. £10 (£5 for		
Thursday	half day – no lunch)	Calvation Arms	Envoy Buth Moroy
Thursday 10.00 – 12noon	Coffee morning Including Conversation	Salvation Army Hall,	Envoy Ruth Morey 01692 403955
10.00 - 12110011	Table for Deaf Cafe	Hall Lane	ruth.morey@salvationarmy.org.uk
Thursday	Bounce and Rhyme	North Walsham	01692 402482
10.45 – 11.1am5	Songs and rhymes for	Library	North.walsham.lib@norfolk.gov.uk
10.43 - 11.14III2	under 5s & their	LIDIAIY	Facebook: North Walsham Library
			racebook. Notell Waishall Library
	grown-ups – stay and		
	chat		





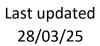
Thursday	Digital Support with	North Walsham	01692 402482
12.00 – 1pm	Lyndsey	Library	North.walsham.lib@norfolk.gov.uk
12.00 15	zynascy	Library	Facebook: North Walsham Library
Thursday	Good Fit	Methodist Hall,	Richard or Maggie
1.00 – 2.30pm	Keep Fit class for over-	Grammar	01692 615166
1.00 2.50pm	50's	School Rd	Tompkins.richard@gmail.com
	303	Serioor na	Tompans.nenara@gman.com
Thursday	Young Carers	St Benet's Hall,	Alice Stevenson
(in term time)	(8 – 18 years)	St Nicholas	alice.stevenson@benjaminfoundation.co.uk
6.30 – 8.30pm		Church	07880 242374
Thursday	Choir Practice	Salvation Army	Envoy Ruth Morey
6.30pm	Any age	Hall,	01692 403955
		Hall Lane	ruth.morey@salvationarmy.org.uk
Thursday	Scouts	1 st North	All enquiries:
7 – 9pm	10.5 – 14 years	Walsham Scout	northwalshamscouts@hotmail.com
		hut, Midland	
		Rd.	
Thursday	Police Cadets	In North	Colin Dutton
7.00 – 9.00pm		Walsham	<pre>cadets@norfolk.police.uk</pre>
(in term time)			
Thursday	North Walsham Air	NW Primary	Flt Lt Alan Stevens
7.00 – 9.30pm	Cadets	Sch	Oc.2110@rafac.mod.gov.uk
		Manor Road	
Thursday	Acapella Choir	Methodist Hall,	harmonyacademyarts@gmail.com
7.00 – 8.00pm		Grammar	
		School Rd	
Thursday	Community Band	Salvation Army	Envoy Ruth Morey
8pm	Any player, any age or	Hall,	01692 403955
	ability	Hall Lane	ruth.morey@salvationarmy.org.uk
Friday	New Life Tots	New Life	Suzie Schaitel
9.00 – 11.00am	£1.50 per family	Building,	suzie@newlifenorthwalsham.com
(during term-time)		Laundry Loke	
Friday	NN Community	Outing to	Book ahead by ringing:
from 9.30am	Transport	Wroxham –	01692 500840
home pick up.	DialaRide Minibus	there for about	info@nnct.org.uk
	Pick up & return home.	90 minutes	www.nnct.org.uk
	£6.00 per outing		
Fridays	Yoga	Sacred Heart	Nina O'Brien
9.30 – 11am		Parish Hall	07999 982291
			01692 407537
			ninaboydobrien@hotmail.com
Friday	Singing for Breathing	Sports Centre,	Nicky Childerhouse
10.15 – 11.45am		Spenser Rd	nicky@playingforcake.uk



Friday	NW Men's Shed	Salvation Army	Ray Winder
10 - 1pm	Learn new skills/share	Activity Centre	07500 019202
- 1	your skills/socialise	Furze Hill	nwmensshed@gmail.com
Friday	Just a Cuppa	North Walsham	01692 402482
2.00 – 3.30pm	A friendly chat, cup of	Library	North.walsham.lib@norfolk.gov.uk
·	tea and a jigsaw	,	Facebook: North Walsham Library
Friday	Chess club	North Walsham	01692 4024820
4.00 – 6.00pm	All ages/abilities	Library	North.walsham.lib@norfolk.gov.uk
Friday	Cub Scouts	1 st North	All enquiries to:
6.30 – 8pm	8 – 10.5 years	Walsham Scout	northwalshamscouts@hotmail.com
		hut, Midland	
		Rd.	
Saturday	Parkrun	North Walsham	northwalsham@parkrun.com
9am		High School	www.parkrun.org.uk
Saturday	Funky Feet	St Benets Hall	Vicky Feetham
9.30 – 1pm	Acrobatics	St Nicholas	Tel: 07535 669190
		Church rooms	vfeetham@googlemail.com
Saturday	Beaver Scouts	1 st North	All enquiries to:
10.30 – 12noon	6 – 8 years	Walsham Scout	northwalshamscouts@hotmail.com
		hut, Midland	
		Rd.	
Saturday	Lego Club	North Walsham	01692 402482
11.00 – 1.00pm	Children/families	Library	North.walsham.lib@norfolk.gov.uk
Saturday	Cub Scouts	1 st North	All enquiries to:
2.00 – 3.30pm	8 – 10.5 years	Walsham Scout	northwalshamscouts@hotmail.com
		hut, Midland	
		Rd.	
Saturday	N W Chess Club	NW Phoenix	Contact Olly at
3.30 – 5.30pm	Age 13+	Group	northwalshamchessclub@gmail.com
	All skill levels welcome	3 Market Place	

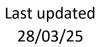
Monthly Activities

Day and Time	Activity	Venue	Contact
Monday (alternate	Scrabble Club	North	01692 402482
weeks)		Walsham	North.walsham.lib@norfolk.gov.uk
11.00 – 1pm		Library	Facebook: North Walsham Library
Monday	Tea Dance	Community	Barrie Eke
Monthly	Monthly social dance	Centre,	01603 736155
2 – 4.40pm	£3 including refreshments	New Road	
3 rd Tuesday	Coffee Morning	Black Swan	Karl Bloor
of month	Join Vision Norfolk and	pub	07864 615929
10.00 – 12noon	other local people with		karl.bloor@visionnorfolk.org.uk
	sight loss for a chat		



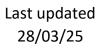


1st and 3rd Tuesday	Playing for Cake	Sacred Heart	David Moore
every month	Singing for health, harmony	Church Hall	david@playingforcake.uk
10.30 – 12noon	,	Church Hall	david@playingiorcake.uk
10.30 - 120000	and happiness		
2 nd Tuesday	Parkinson's North Norfolk	Sacred Heart	Andy Harding
10.30 – 12.30pm	Social and information	Church Hall	Andy Harding 01603 782667
10.50 – 12.50pm	sharing for anyone affected	Church Hall	andy@thehardings.uk
			<u>andy@thenardings.uk</u>
2 nd Tuesday	by Parkinson's Grief Café	North	01692 402482
12 – 1pm	Grief Care	Walsham	North.walsham.lib@norfolk.gov.uk
12 – Ipili		Library	Facebook: North Walsham Library
1st Tuesday of	Breastfeeding Group	North	01692 402482
month	breastreeding Group	Walsham	North.walsham.lib@norfolk.gov.uk
1.30 – 3pm		Library	Facebook: North Walsham Library
2 nd Tuesday	NW Mothers' Union	St Nicholas	Steph Cooper
•		Church Room	01692 408994
2 – 3.30pm	Meetings begin with a short	Church Room	
	service, followed by a guest		Steph251490@googlemail.com
	speaker, and finishes with		
4 St T 1 -	tea, biscuits and chat.	District of	Lance de Dalland
1 st Tuesday	Afternoon Bingo	Black Swan	Joseph Ballard
2.30pm	£5 a book, prizes and cash	theatre	01692 500006
4 st O ard T	prizes	DI 1.6	info@blackswanpubtheatre.co.uk
1 st & 3 rd Tues of	North Norfolk Youth	Black Swan	Joseph Ballard
month	Theatre	theatre	01692 500006
5.15 – 6.15pm	for 8–16-year-olds • FREE		info@blackswanpubtheatre.co.uk
3rd Tuesday of the	Royal British Legion	Black Swan	Sandra Topham
month 7.30pm			sitopham@yahoo.com
and sath			07739 330255
2 nd and 4 th	NW Photographic Group	Salvation	Trevor or Liz Fiddy
Tuesday of month	Our aim is to promote and	Army Hall	01692 582793
7.30 – 9.30pm	facilitate the hobby of	Hall Lane	Members have a wide range of
	photography at all levels	(01692)	experiences which they willingly share.
	e.g. mobile phones, tablets,	581981 and	<u>Lizfiddy17@gmail.com</u>
	digital SLR.	07900221760	
1 st Wednesday of	Nelson Quilters	St Benet's Hall	Aileen McFayden
month	Quilting/knitting/crocheting	Behind St	01263 721257
9 – 1pm	Socialising, drinks & cake	Nicholas	<u>aileenmcfayden@yahoo.co.uk</u>
	£25 per year (free till 2024)		
2 nd /4 th Wednesday	Coffee Morning	Lessingham	Ros Peedle
10.30 – 12noon		Chapel,	01692 405591
		Ingham Road.	Ros.peedle@live.co.uk
1 st Wed.	Men's Support Group	Salvation	Richard.durrant@salvationarmy.org.uk
11 – 12.30pm		Army Hall	





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2 nd & 4 th Wed.	Knit & Natter	Methodist	Bridget Hughes 01692 404501
2.00 – 3.30pm	(Nimble Fingers)	Church,	01052 404301
		Grammar	
4 ST NAV. 1		School Road	5 5 11 11
1 st Wednesday	CAMEO Friendship Group	Salvation	Envoy Ruth Morey
2.30 – 3.30pm	Come And Meet Each Other	Army Hall	01692 403955
	Talks and refreshment	Hall Lane	ruth.morey@salvationarmy.org.uk
3 rd Wed	North Walsham WI	St Nicholas	Helen Heap
of month	Speakers, crafts and outings	Room	rockbunsandrollingpins@gmail.com
7pm	for women over 18 yrs		
	Annual subs £51		
3 rd Wed monthly	Evening Bingo	Black Swan	Joseph Ballard
7.30pm	£5 a book. Cash and prizes.	theatre	01692 500006
			info@blackswanpubtheatre.co.uk
Alternate Wed	Women's Wellness	Black Swan	Helen Richardson (Chair)
1.30pm	Support and friendship	pub	07368 941174
& 2nd Wed per	group for women of all ages		Womenswellness22@gmail.com
month 7.30pm			Facebook:
			Women's wellness
			northwalsham
Last Wednesday at	Pub Quiz	Black Swan	Joseph Ballard
7.30pm	Teams of 4-6, £2 each,	theatre	01692 500006
	advance booking		info@blackswanpubtheatre.co.uk
	recommended		
2 nd Thursday	Space4U	Emmanuel	Helen Daniels
10 – 12noon	Coffee morning for parents	Church,	01263 734409
	& carers of children &	Cawston Road	07890 661683
	young people with	AYLSHAM	Helen.brock@btopenworld.com
	additional/complex needs	NR11 6BX	
Last Thursday	SENDIASS	North	01692 402482
11 – 1.30pm	Info, Advice, Support	Walsham	North.walsham.lib@norfolk.gov.uk
·	Drop in	Library	Facebook: North Walsham Library
3 rd Thursday	Lighthouse Lunch	Lessingham	Ros Peedle
12 – 2pm	Booking Essential	Chapel,	01692 405591
·	(£7)	Ingham Road.	Ros.peedle@live.co.uk
Thursday	Blood Donor Sessions	Community	020 123 8324
1.0 – 3.30pm	twice a month	Centre,	www.blood.co.uk
4.30 –7.00pm		New Road	
2 nd Thursday	u3a Sings	Sacred Heart	www.northwalshamu3a.org/contact-us
1.45 – 2.45pm		Church Hall	na ana ana ana ana ana ana ana ana ana
1 st Thursday	Home Education Lego Club	North	01692 402482
1.30 – 2.30pm	200 3100	Walsham	North.walsham.lib@norfolk.gov.uk
2.00		Library	Facebook: North Walsham Library
		Liviary	. accook ito the walliam blocally





2rd Thursday	NIM 9 District Houtiguituural	Jubilee Beem	Ann Wilkinson 01602 F00710
3 rd Thursday	NW & District Horticultural	Jubilee Room	Ann Wilkinson 01692 500710
2pm	Society (Gardening Club)	Community	<u>widgetwilk@gmail.com</u>
	Meetings include speakers	Centre,	0:11.14.1.1.1.04.0.00.00.004
-+h	on a range of subjects	New Road	Gill Wright 01263 833091
4 th Thursday	North Walsham and	Sacred Heart	Sue Bloomfield (Chair & Secretary)
2.30 – 4.30pm	Bradfield Flower Club	Church Hall	01692 500440
	Demonstrations, outings		susan@bloomfield11.plus.com
	and workshops; raffle of		
	flower arrangements		
2 nd Friday	The Wide-Awake Club	Sacred Heart	Sally Theodore
2 – 3pm	Support and information	Church Hall	07867 528020
	for people with		Thewideawakeclub100@gmail.com
	fibromyalgia and ME		
2 nd and last Friday	Mustard Seed Quilters	St Nicholas	Ros Peedle
of the month	Mainly quilting	Church rooms	07976 720440
9.30 – 2.30pm	Bring your own lunch.		Ros.peedle@live.co.uk
	£5 for full day		
	£2.50 for ½ day		
3 rd Friday	Norfolk Community Law	Phoenix	Mobile Legal Adviser
10 – 2pm	Service	Centre	01603 496623
	Free legal advice about:		info@ncls.co.uk
	Debt; domestic abuse;		www.ncls.co.uk
	immigration; family court;		
	welfare rights.		
Friday	Good Companions	St Nicholas	Janet Grimes
Every other week	Social club – Bingo, raffles,	Church rooms	0755 3212463
1.30 – 4pm	dominoes, teas and cake		<u>Janetgrimes5@aol.com</u>
3 rd Friday	u3a Brain games	Sacred Heart	www.northwalshamu3a.org/contact-us
2 – 4pm		Church Hall	
1 st Friday of month	North Walsham u3a	Sacred Heart	www.northwalshamu3a.org/contact-us
2.15pm	Varied, informative, and	Church Hall	
	entertaining events and		
	activities for people who		
	are retired or no longer		
	working full time.		
Friday	Attic Youth Club	New Life	Suzie Schaitel
Fortnightly in term	For school years 7-13 of	Building,	suzie@newlifenorthwalsham.com
time	High School and 6 th form	Laundry Loke	
7.30 – 9pm	Free		
2 nd & 4 th Friday	KARAOKE	Black Swan	Joseph Ballard
8pm	Second and fourth Friday of	pub	01692 500006
	the month		info@blackswanpubtheatre.co.uk
			www.blackswanpubtheatre.co.uk



Saturday	NW Players Table-Top Sale	Community	Colin Jeary
Monthly from Sept	Supporting the work of the	Centre,	01692 402116
9.0 – 12noon	NW Players Actor group	New Road	jeabol@aol.com
3 rd Saturday	North Walsham Deaf Café	Salvation	Wendy Murphy
of month	Anyone hearing impaired,	Army,	wpmurphy@gmx.com
10.0 – 12noon	BSL users and learners, all	Hall Lane	
	welcome. No charge.		
3 rd Saturday	Saturday Reads	North	01692 402482
10.30 – 11.30am		Walsham	North.walsham.lib@norfolk.gov.uk
		Library	Facebook: North Walsham Library
2 nd Sunday*	Car Boot Sale	Memorial	North Walsham Town Council
8 – 12noon	Free!	Park	01692 404114
13 April – Sept 25	*1 st Sunday in August		townclerk@nwtc.org.uk
Last Sunday of the	Songs of Praise	Salvation	Envoy Ruth Morey
month 4pm		Army,	01692 403955
		Hall Lane	ruth.morey@salvationarmy.org.uk
3 rd Sunday	Open Mic	Black Swan	Joseph Ballard
6.00 – 8pm	Music/Word/Comedy	pub	01692 500006
			info@blackswanpubtheatre.co.uk
			www.blackswanpubtheatre.co.uk

All information was correct at the time of the last update (28.3.25). If you have details of any changes: updates, additional information or amendments, please call Good Neighbours on 01692 558321 or email us on gensec@nwgoodneighbour.org.uk.

More local information can be found on the North Walsham Community Portal at https://www.communitynetwork.northwalsham.org

You can use this QR Code to access the portal:



A complete list of North Walsham Services, including Accommodation, Organisations, Entertainment and Sport can be found in the North Walsham Guide on:

www.northwalshamguide.co.uk

For information on volunteering opportunities in North Walsham, please go to:

www.volunteer.northwalsham.org